



Meet Donna M. Sams

Donna M. Sams is currently the owner and partner of Centered Change, LLC, a Providence-based company that offers empowering workshops, lessons, discussions and retreats for women. Ms. Sams is also a partner and senior consultant at Spencer Consulting Group, a consulting firm that specializes in strategic thinking, planning, and development of a flexible operating model for corporate, non-profit, and public sector organizations. She sits on the advisory board at YearUp Providence.

She earned her BA from Clark University and her MS from Amridge University.